



100 LONDONDERRY COURT

WOODSTOCK, 30188

INFO@SHOWTIMEELITEATLANTA.COM

SHOWTIME

Elite Atlanta

ALL-STAR HANDBOOK

Accountability



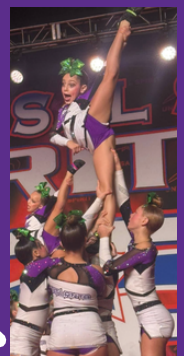
Respect



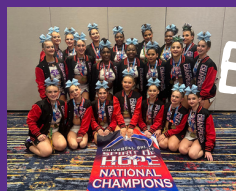
Relationships



Integrity



Value-Driven



Excellence



WELCOME TO OUR FAMILY



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Showtime Elite Atlanta

Welcome Message

At Showtime, we are passionate about bringing you a competitive cheerleading program placing high emphasis on safety, progressions, and relationships with a firm commitment to excellence. Our core values are the heart of our culture where we are committed to creating a supportive environment for athletes, parents, and coaches.

Come experience the Showtime Standard.

OUR CORE VALUES



ACCOUNTABILITY

We want you to be the best version of you as a person and teammate. As a program, we strive to maintain a high level of challenge along with a high level of support.

RESPECT

At Showtime we value each one of us. We model a positive feeling and appreciation toward our teammates, coaches, families, judging officials and competitors.

VALUE-DRIVEN

To make a conscious commitment to act and behave in alignment with The Showtime Way.

RELATIONSHIPS

We are all in this together. We celebrate, we challenge, we trust, we build, we grow, we push, we expect, we meet you, we see you, we are ONE.

INTEGRITY

The commitment to understanding we do the right thing through our actions and beliefs. Through high character this fosters trust, credibility and moral strength.

EXCELLENCE

At Showtime, a commitment to the highest standards of performance, training, character development, and customer experience.



A.R.R.I.V.E.



Competitive Cheerleading Programs @ SE

FULL
YEAR
ELITE

Elite divisions have a full competitive all-star experience, including competing locally, at out-of-state competitions, and at mandatory end-of-season competitions.

- Requires May - May year-round commitment
- Open to ages 5+ ranging in levels 1 - 6.
- Practice is 2 hours per day - 3X a week.
- You should expect extra practices to take place around competition season as well as work outside of scheduled practices including stunt group work, tumbling and running miles.
- Competitions are both local and out-of-town.
- Travel is required.
 - End-of-Season competition (Worlds/Summit/Youth Summit/Celebration) is in April/May in Florida and required.
- Previous experience is a plus!

FULL
YEAR
PREP

PREP divisions have a competitive all-star experience, including competing locally and at one out-of-state competition.

- Requires May - May year-round commitment
- Practice is 2 hours per day - 3X a week
- At National competitions, PREP divisions compete only ONE day.
- Travel is only required to one event.
- End-of-season competition (Regional Summit) is local and is required.

HALF
YEAR
PREP

Half the season, but just as much fun! Half Year is a great way to bridge the gap from the end of school cheer through tryouts for the next season.

It's also a great way to ease into competition cheer.

- This is a developmental program at Showtime.
- No experience necessary.
- Practice is two days per week, with no Sunday requirement.
- The season commitment is November - April.
- End-of-Season competition is Regional Summit.
- Information for this program is released in August.





Tiny Novice Cheer @ SE

A program designed for 4 - 6 year olds

Tiny Novice is a perfect place to begin the sport of cheerleading.

Why?

- Teaches listening skills and builds attention spans
- Builds coordination, balance, and body awareness
- Develops strength and flexibility
- Introduces foundational shapes
- Introduces concepts like taking turns, waiting and following directions
- Encourages teamwork and making friends
- Builds confidence through performing new things
- Teaches kids how to handle small wins and small struggles
- Builds independence and responsibility
- Introduces routine and consistency
- Gives kids positive association with movement and exercise

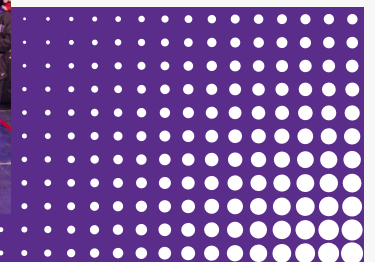
Who?

- Kids who are between 4-6 years old - birth years 2019 - 2022
- Kids who love to be upside down
- Kids who love to dance
- Kids who want to belong to a team



What to expect

- One practice a week during the summer - can tumble additional days
- Two practices per week after Labor day - can take an additional tumble class
- Competitions Jan - April



WHAT WE OFFER



TUMBLING CLASSES

SE offers a variety of classes throughout the week - Sunday-Thursday. This includes tumble classes, flex, jumps, strength & conditioning classes. These classes are open to all.

FLYER FLEX CLASS

These classes are open to our all-star participants only. This class may be required by your coach to be a flyer on their team. This class will focus on the flexibility, strength, and stability as well as body positions for flying positions.

FLIGHT & BASING CLASS

These classes are open to our all-star participants only. This class may be required by your coach to be a flyer on their team. This class will focus on the flyer skills in the air as well as stunt sequences required by their team. Bases can attend these classes for additional hand-on training and experience.

STRENGTH & CONDITIONING CLASS

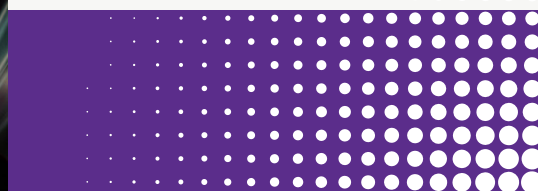
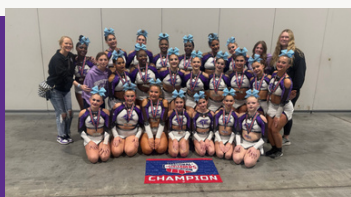
These classes are designed to build strength, endurance, and power needed to enhance athletic performance. This class will focus on core strength, plyometric and isometric exercises, upper body and grip strength for bases, injury prevention exercises as well as cardio endurance.

JUMPS CLASS

These classes are open to all. This class will focus on jump specific conditioning for strength improvement as well as plyometric training for explosive jumps.

PRIVATE LESSONS

Our staff offers private lessons for individuals working to continue their progression in tumble, flex, jumps and choreo. Private lessons are scheduled directly with the coach of your choice. Priority is given to full year participants followed by half year, school cheer athletes and, finally, open to all.

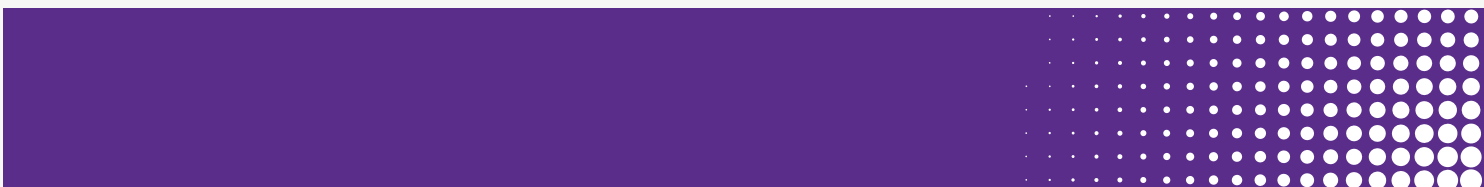


EXPECTED COSTS



	WORLDS Level 6	ELITE Levels 1-5	Full Year PREP/ Limited Travel Levels 1,1, 2,2, 3,2	Tiny Novice Ages 3-6	Half Year PREP Levels 1,1, 2,1, 2,2 & 3,2 & Novice
Registration	\$125 due @ acceptance	\$125 due @ acceptance	\$75 due @ acceptance	\$50 due @ acceptance	N/A
Evaluation Fee	\$50 before 4/1/26 \$75 after 4/1/26 \$100 walk-in	\$50 before 4/1/26 \$75 after 4/1/26 \$100 walk-in	\$50 before 4/1/26 \$75 after 4/1/26 \$100 walk-in	\$50 before 4/1/26 \$75 after 4/1/26 \$100 walk-in	\$60 in October
Monthly Tuition	\$375/month June - April	\$350/month June - April	\$285/month June - April	\$185 June - April	\$245/month Nov - April
Additional Fees <i>*see next page for more info</i>	\$150 Camp/June \$185 Choreo/July \$100 Tumble Camp/July \$285 All-In Season Fee/Sept	\$150 Camp/June \$185 Choreo/July \$100 Tumble Camp/July \$285 All-In Season Fee/Sept	\$150 Stunt Camp/June \$100 Tumble Camp/July \$125 Choreo/August \$285 All-In Season Fee/Sept		\$200 Choreo/Dec
Not Included	Uniform, shoes, warm up, backpack, travel/hotel, USASF registration, crossover fee, end- of-season event.	Uniform, shoes, warm up, backpack, travel/hotel, USASF registration, crossover fee, end-of-season event	Uniform, shoes, warm up, backpack, travel/hotel, USASF registration	Uniform, shoes, warm up, backpack, travel/hotel, USASF registration	Shoes, bows, backpack, travel/hotel, USASF registration <i>*not required to purchase shoes or backpack</i>
End-of-Season Event	Worlds/Orlando Up to \$600/pp + coaches' fees	Summit/Orlando Up to \$525/pp + coaches' fees (~\$275) *Youth Summit: Up to \$210/pp + coaches' fees (~200+)	Regional Summit Atlanta, GA Up to \$200/pp + coaches fees (~\$50)	Regional Summit Atlanta, GA	Regional Summit Atlanta, GA
	Tuition includes one (1) tumble, jumps or stunt class per week and competition fees.				
	Additional classes are \$35/month				

- Uniform \$600 (Elite/FYP/Limited Travel) \$325(HYP) \$250 (CheerAbilities); Warm-Up (\$200-\$210); Backpack (\$100); Practice Wear (\$150 - New or \$75 if returning); *Half year is not required to purchase backpack.*
- There is a \$50/month sibling discount (Elite) for the second child.
- There is a \$25/month sibling discount (FYP and Half Year Prep) for the second child.
- Showtime uses GoMotion for our class and financial database. The system applies a 3% processing/convenience fee to pay through this platform. You may pay by cash or check to avoid these fees.
- All fees and information is subject to change.
- If you elect to be a crossover, there is an additional \$1,100 fee to cover training and competitions. This fee will be assessed at \$100/month for 11 months (June-April).
- **BAND MANAGER FEES:** Showtime has a per-athlete fee which is paid to our Booster Club which pays for competition gifts, team parties, team bonding activities, etc. These fees are collected through installments and completely separate that Showtime. The budget for items is set by our Booster Club Board. Team activities are coordinated and managed by the team moms.
- **All of the above fees are non-refundable for any reason including injury, illness, absence, moving, leaving the program, or being asked to leave the program, etc.**



ADDITIONAL FEES INFO



TEAM CAMP - All (no Novice)

JUNE 5 - 7

All day - times tbd

Team Stunt Camp affiliated with Next Level. Industry professionals from nationally recognized programs around the country come to SE to work with our athletes. Groups are divided by levels, not teams, and will work stunt skills, sequences, baskets, as well as pyramid skills, entries, etc.

CHOREOGRAPHY - Elite Only

JULY 12 - 20

Teams are assigned two days

Team choreography by the industry acclaimed company, Next Level. Teams will spend 2 days learning their routine for the season including intro, tumble sections, stunt sections, pyramid and jumps. Dance is not choreographed at this time.

TUMBLE CAMP - All (no Tiny or Novice)

JULY 21 - 23

Times TBD

Tumble camp offered by Sean Guzman of Top Gun Miami. Groups are divided by the team level of their season. They will work on-level as well as above-level skills. Tumble camp offered to Elite, Full Year Prep. Due to age restrictions required by Sean Guzman he is unable to offer this camp to Tiny or Novice participants.

GUEST COACH & SPEAKER - JEFF BENSON - All

AUGUST 14 - 16

Times TBD

Jeff Benson of Mind, Body, Cheer, will be here to work with our teams. He will also offer a parent round table discussion. Topics TBD.

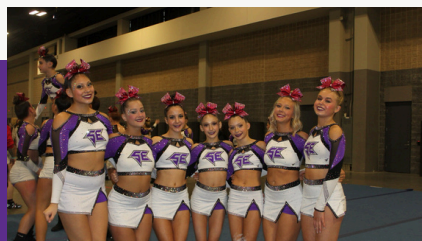
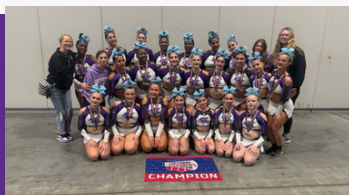
CHOREOGRAPHY - Full Year Prep, Novice

AUGUST 21 - 23

Times TBD

SHOWTIME EXPERIENCE FEE - All Elite & Prep Teams

This fee rounds out costs for the season including, but not limited to, coaches fees, guest coaching fees, competition music and music edits, team bow.



LEGACY SCHOLARSHIP



SHOWTIME ELITE ATLANTA LEGACY SENIOR SCHOLARSHIP

At Showtime Elite Atlanta, we believe that commitment, loyalty, and relationships are at the heart of everything we do. Our athletes and families who choose to grow with us year after year are what make our program so special.

To honor that commitment, we are proud to introduce the **Legacy Senior Scholarship**.

Athletes who have been active members of Showtime Elite Atlanta for five (5) or more consecutive years enrolled in our Full Year Elite Program will be awarded free monthly tuition their entire senior year as a reflection of our gratitude for their dedication and trust in our program.

This scholarship is more than a financial benefit. This scholarship is a recognition of the time, effort, and heart these athletes and families have poured into our community. Legacy athletes represent the culture, values, and standard of excellence we strive to uphold every day.

Eligibility Requirements:

- Minimum of five (5) consecutive years enrolled at Showtime Elite Atlanta on a Full Year **Elite** Team
- Entering into their Senior Year in High School
- Athlete must remain in good standing (attendance, behavior, and financial account compliance)
- Active participation in team and program commitments
- All other fees apply.

The **Legacy Senior Scholarship** is our way of giving back to the families who have helped shape Showtime Elite Atlanta into what it is today.

Your loyalty matters, your investment matters, and most importantly—**YOU** matter!



ATTENDANCE & PRACTICE



SUMMER

May - July (Summer Training)

Teams will have 2 practice days per week: Mon/Wed or Tues/Thurs.

Practice start times will vary per team and will normally begin between 5-8pm. All practices will be for 2 hours per day.

Some teams are given a tumbling time block on Friday mornings for 1.5 hours. When in town, all 3 practices are mandatory.

Important Summer Dates:

- All-Star Camp: June 5th - 7th
- Choreography: July 12th - 20th (only 2-3 days will apply per team)
- Team Tumbling Camp: July 21st - 23rd

ACADEMIC YEAR

August - December (Academic-Year Training)

For Elite Teams: Your practices remain the same all season.

Your coaches may change your team tumble block to work with school cheer participants.

At this time of the year, all squad practices are considered mandatory and the attendance policy will be enforced.

Full Year Prep & Novice: Your practices remain the same all season.

ACADEMIC YEAR - COMPETITION SEASON

January - April

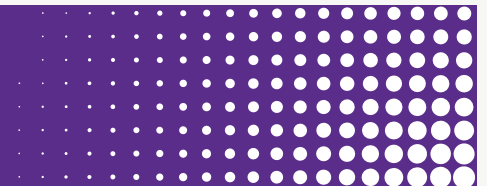
At this point in the season athletes should expect to be in the gym 3 days per week, as we are in the peak activity for cheer. Athletes may be perfecting skills for their routine or putting in extra classes to nail down skills in preparation for evaluations just around the corner. This is definitely CHEER SEASON!

ATTENDANCE POLICY

- Athletes must make SHOWTIME practices their number one priority over other extracurricular activities.
- All practices, competitions, skills camp, and choreography sessions are mandatory.
- Anyone failing to attend practice without notification will be considered as no longer wanting to participate and will be removed from roster/team immediately.
- If athletes miss a practice the week of a competition for any reason (illness, injury, etc.) a replacement may be brought in to fill-in for the athlete.
- For Cheersport Nationals and NCA/DALLAS athletes cannot miss any practice for **TWO weeks** prior to the events. There are NO exceptions to this rule.
- All absences from practices should be reserved for emergencies, fevers, or contagious illness only.
- Athletes may have up to **five** (5) absences from August -May. Upon the 6th absence, the athlete will be removed from their team. We are no longer labeling absences as excused/unexcused: An absence is an absence.

BLACK OUT DATES

Throughout the season, the coaches have the option to add additional practice days known as Black Out Dates which will most likely fall on Saturday or Sunday. These potential dates are noted in our Important Dates which is sent with your placement email.



INTRODUCING...



LIMITED SUNDAY TRAINING

April 24-27, 2026

ESPN Sports

Center

AT SHOWTIME ELITE ATLANTA, we are always evaluating how to best support not only our athletes, but our families as a whole.

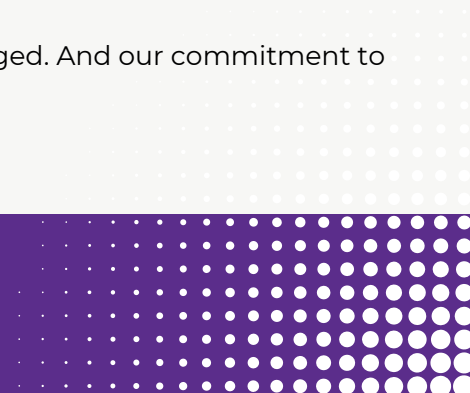
As part of our commitment, we are excited to share that SUNDAY practices will not be part of our regular training days for our teams.

We know how full your weeks are, and we believe strongly in protecting time for family, rest, faith and recovery. By limiting Sunday practices, we hope to create more space for what matters most outside of the gym while continuing to train with purpose and excellence throughout the week.

This decision reflects our value-driven approach and our belief that strong athletes are supported by strong balanced lives

BENEFITS OF ALTERNATIVE TRAINING

- Our standard of excellence is not defined by how many days we are in the gym - it is defined by the quality, structure, and accountability within each practice. Our training is intentional and our coaches are fully committed to maximizing every minute of athletes development.
- We believe that well-rested athletes with time to reset physically and mentally show up stronger, more focused and more prepared to perform at a higher level.
- This will allow our school cheer athletes a full day to rest and let their bodies heal.
- This will allow Sundays to be a perfect time for flexibility for private lessons.
- This will allow families the opportunity to participate in faith-related activities which strengthens our dedication to well-rounded athletes.
- This decision reflects our value-driven approach and our belief that strong athletes are supported by strong balanced lives.
- Our expectations remain high. Our standards remain unchanged. And our commitment to competitive success is as strong as ever.



COMPETITION SCHEDULE



COMPETITION SCHEDULE

2026-2027



FULL OUT SUNDAY
OCTOBER 18
WOODSTOCK, GA
ALL TEAMS



SHOWTIME SHOWCASE
NOVEMBER 15
WOODSTOCK, GA
ALL TEAMS



CHEERSPORT CLASSIC
DECEMBER 6
CARTERSVILLE, GA
ALL TEAMS



BATTLE UNDER THE BIG TOP
DECEMBER 12 & 13
ATLANTA, GA
(FULL YEAR ELITE TEAMS)



MARDI GRAS NATIONALS
JANUARY 16-17
NEW ORLEANS, LA
(FULL YEAR ELITE TEAMS)



NCA CLASSIC
JANUARY 30
ATLANTA, GA
ALL TEAMS



CHEERSPORT NATIONALS
FEBRUARY 12-14
ATLANTA, GA
ALL TEAMS



NCA SEND OFF
MARCH 17TH
WOODSTOCK, GA
(SENIOR ONLY)



NCA NATIONALS
MARCH 19-21
HOUSTON, TX
(SENIOR TEAMS ONLY)



ONE UP NATIONALS
APRIL 2-4
NASHVILLE, TN
(ALL TEAMS)



END OF SEASON SEND OFF
APRIL 14
WOODSTOCK, GA
ALL TEAMS



REGIONAL SUMMIT
APRIL 17-18
ATLANTA, GA
(NOVICE + FULL YEAR PREP)



YOUTH SUMMIT
APRIL 22-23
TAMPA, FL
(YOUTH TEAMS ONLY)



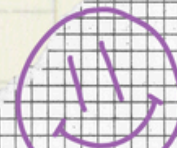
THE CELEBRATION
APRIL 24-25
TAMPA, FL
(TINY/MINI ELITE TEAMS ONLY)



WORLDS
APRIL 23-26
ORLANDO, FL
(WORLDS TEAM ONLY)



SUMMIT
APRIL 29-MAY 2
ORLANDO, FL
(JUNIOR + SENIOR TEAMS ONLY)



END OF SEASON EVENTS



THE CHEERLEADING WORLDS

April 23-25, 2027
ESPN Sports
Center
Orlando, FL



THE SUMMIT

April 29- May 2, 2027
ESPN Sports Center
Orlando, FL

All Junior/Senior Teams



YOUTH SUMMIT

April 22-23, 2027
Tampa Convention Center
Tampa, FL

All Youth Teams



REGIONAL SUMMIT

TBA
GICC
Atlanta, GA

All Tiny & Prep Teams



CELEBRATION

TBA
Tampa Convention Center
Tampa, FL

All Mini Teams

**PLAN NOW!
YOUR TEAM WILL
ATTEND!**

Every Year SHOWTIME sets a goal for each of our teams to earn bids, or invitations, to our chosen end-of-season events.

Bids are not guaranteed; therefore, the costs associated with attending these events are added to athletes' accounts once a bid is earned.

Families should plan for \$400-\$700 in additional costs for an athlete's registration fee, coaches' fee, choreography upgrades, music edits (if needed), etc., for these events.

FUNDRAISING

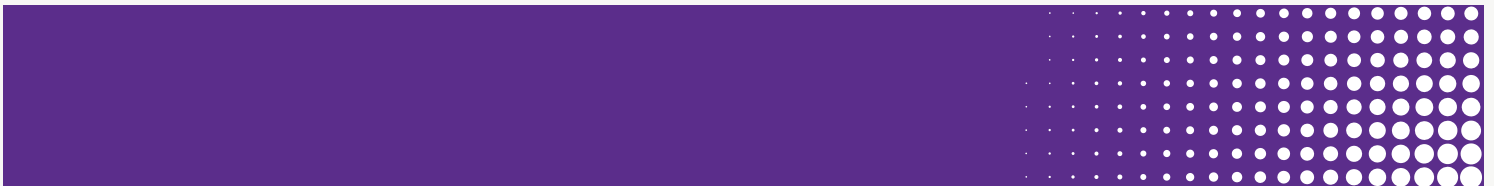


April 24-27, 2026
ESPN Sports
Center
Orlando, FL

We are super proud of our Fundraising Chairperson, Heather Burgess, who has worked to offer many opportunities throughout the season, including:

HYPE (Concert Concessions)
Season Opening Showcase
Double Good Popcorn (2)
Bed Sheet Sales
Mrs. Fields Cookie Sales
Individual Online Fundraising Graphics

All Fundraisers are optional.





GENERAL

April 24-27, 2026

ESPN Sports

- Only registered athletes are allowed on the practice floors.
- Parents, siblings, and friends must stay in designated floor or lobby seating at all times.
- Any person who disrupts a practice will be asked to leave the gym immediately.
- No food, drinks or gym are allowed inside the training gym area.
- SE is not responsible for lost or stolen items.
- All athletes and parents must check emails and groupme daily for any and all updates.
- **NO** video of any students other than your own is allowed. You must consider other students in the gym that may be captured by your camera - other tumble classes, etc.

TEAMS

SE has the right to:

- Place its athletes on the team(s) it feels will best suit the athletes and our program.
- Decide the role and/or position an athlete will have on a team.
- Request an athlete to take additional classes to improve their skills.
- Request an athlete practice longer than their regularly scheduled practice times.
- Request an athlete have at-home assignments.
- Move, replace, add, suspend, or dismiss an athlete for a period of time or indefinitely from a team or program based on but not limited to attendance, conduct, skills, finances, parent conflicts, gossip, and/or unsportsmanship toward an athlete, coach, team, program, officials or others by the athlete or parent.

WHILE REPRESENTING SE

- Make SE a priority over other extracurricular activities.
- Attend and be prepared for SE practices, competitions, calendar adjustments, and black out dates.
- All practices, competitions, skills camp, and choreography sessions are mandatory.
- Notify SE immediately when an injury takes place so the team can find proper fill-ins in timely manner.
- Arrive on time (**early is on-time and on-time is late!**) to all practices and activities.
- Be aware of our calendar and notify SE in advance for all vacations that require missing practices.
- If athletes miss a practice the week of a competition for any reason (illness, injury, etc.) a replacement may be brought in to fill-in for the athlete.
- For Cheersport Nationals and NCA/HOUSTON athletes cannot miss any practice for **TWO weeks** prior to the events. There are NO exceptions to this rule.
- All absences from practices should be reserved for emergencies, fevers, or contagious illness only.
- Athletes may have up to **five** (5) absences from August -May. Upon the 6th absence, the athlete will be removed from their team. We are no longer labeling absences as excused/unexcused: An absence is an absence.

SE POLICIES



SICK POLICY

April 24-27, 2026

You must attend practice even when you are feeling sick. Unless you are sick with a fever of 100.4 or higher, vomiting or have another contagious illness.

COMMUNICATION

Orlando, FL

It is the parents responsibility to know what is going on with your team. Check your groupme daily for important updates and reminders. All team calendars are uploaded by the 1st of the month for the following month. Notify your coaches immediately if you have a practice conflict, if you will be late to practice, if you will miss practice or if you are injured. The coaches must be able to plan an effective practice for everyone.

PRACTICES

You will receive your practice schedule when you receive your team placement. Practices will begin the week of May 26th. Athletes are expected to be on-time to all practices (**early is on-time and on-time is late!**), in SE or all black practice clothes, hair pulled up with a bow, and no jewelry. Parents are to remain in the seated viewing area in the lobby or in-gym.

LOGO & TEAM NAME USE

Showtime Elite Atlanta, SE, are registered trademarks of NMEC, LLC dba Showtime Elite Atlanta and, therefore, cannot be duplicated without expressed permission from the gym owners.

HEALTH/INJURIES

All athletes must carry current health insurance and provide us with an up-to-date emergency contact info. Inform SE of any medical condition that may limit participation.

Notify us immediately if an injury takes place.

Provide a doctor's note explaining the reason and duration for which an athlete may be limited or unable to participate in training.

Refrain from illegal use of drugs, alcohol, vape or any other substance.

BULLYING

We have a zero tolerance policy for bullying or harassment of any kind. This includes everyone who is a part of SE - athletes, parents, coaches, etc. We want our program to be a safe place for all.

The following steps will be taken when a situation of bullying or harassment occurs:

- Written warning via email
- In-person meeting
- Dismissal from program
- **We have the right to dismiss anyone from a team and/or program, at any time, if we feel it is necessary.**





SOCIAL MEDIA AND SPORTSMANSHIP

April 24-27, 2025

Social Media is here to stay and we expect our athletes and families to use all forms of social media to spread positivity and support for all. This includes each other, our teams, our program, officials, other teams, etc at all times.

Orlando, FL

FUNDRAISING

- Showtime offers many fundraising opportunities throughout the season. These include: HYPE concert vending, online/social media sales, and social media graphic/punch cards.
- We are always looking for more opportunities. Please pass along any ideas to our fundraising chair.
- Participation in fundraising is optional.

PRIVATE LESSONS

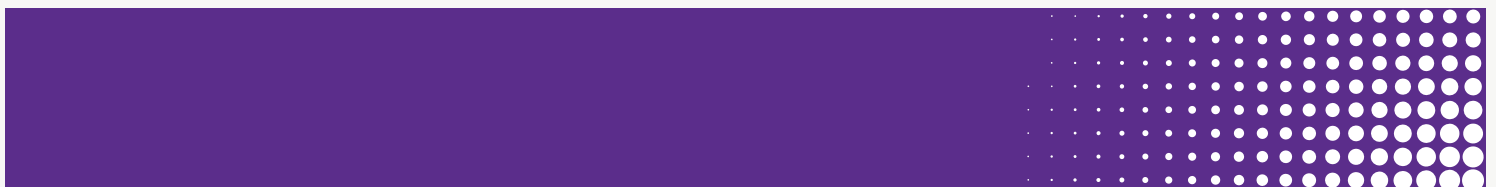
- Private lessons are offered by most coaches at SE for tumbling, flexibility, jumps, stunting, and/or choreography.
- Lessons are coordinated directly with the coach of your choice.
- All fees are paid directly to the coach and are due at time of service.
- Showtime account must be current to be able to take lessons.
- During all private lessons there must be another adult (aside from the coach) present. This can be a parent, or other classes with parents viewing.

CHOREOGRAPHY

- Choreography is MANDATORY.
- Choreography for Elite is July 12 - 20. Each team will be assigned 2 days within this range.
- Choreography for Full Year Prep and Novice is August 21 - 23. Times TBD.
- If for some reason you are unable to attend your session it is the responsibility of the parent/athlete to find a replacement to be at your sessions to learn your child's spot.

TRAVEL & COMPETITIONS

- Travel dates and arrival times for travel competitions are released in July.
- SE athletes and families will be given a list of teams to support at each event but you are always welcomed and encouraged to support ALL.
- Some events have Stay To Play requirements. In those cases, links will be sent to families. The only exceptions to opt out of these obligations are those with Military discounts, if you plan to stay with family that live within 30 miles of the event, or ability to use points to pay for the entire hotel stay. If requested, documentation may be required.



COMMUNICATION



Coach DM on groupme	Office info @showtimeeliteatlanta.com	Katie All-Star Director katie @showtimeeliteatlanta.com	Carolyn Gym Owner carolyn @showtimeeliteatlanta.com
If your child will be late/absent or notification of injury	Make a payment	Questions about competitions	Late payments, billing, or financial policies that cannot first be answered by the office staff.
Questions regarding athlete progress	Add/remove classes	Team or coach related issue that was not resolved by speaking directly with the coach.	To discuss issues regarding payments or child-specific concerns which are sensitive in nature.
Concern about practice	Questions about how to pay online, registration, etc.	Tryout Info, tryout process, team progression, program expectations, individual assessments.	Issue with a coach and/or any employee that has been addressed with coach and All - Star Director but not yet resolved.

How do we connect?

Weekly Update emails are sent every Tuesday. These emails have important upcoming information and contain the competition schedule, policies, important dates, etc.

GroupMe: Each team will have a team GroupMe. This will serve as your one-stop for all info related specifically to your team. There is also a **Showtime Family GroupMe** (great for comp days!) and a Showtime Marketplace GroupMe for swapping/selling SE gear or other athletic items.

Find us on social media: Facebook, Instagram (each team has a page), TikTok, and more.

Communicating with Team/Coaches

Each team will have their own GroupMe. For older teams there may be both a parent/coach GroupMe as well as an athlete GroupMe which includes both coaches and team moms.

We ask all parents to utilize groupme or email when contacting coaches. Messages sent after 9pm may not be returned until the following afternoon.

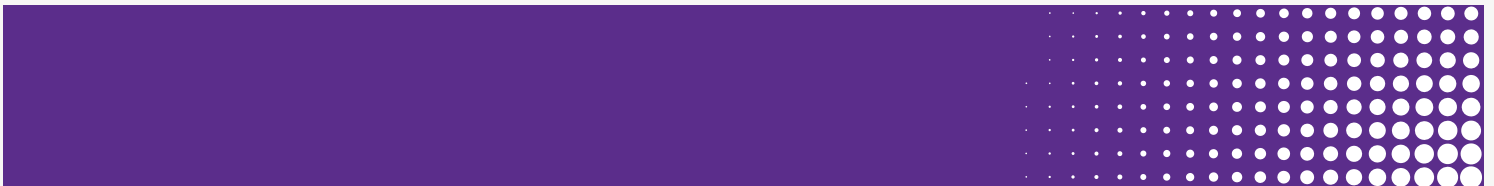
Athlete/Parent Conferences

During March parents and/or athletes are given the opportunity to have a one-one-conference with the all star director and gym owner. The coaches will complete an evaluation on your child, and parents will have the opportunity to ask specific questions, address concerns, and talk about goals - the floor is open!

Communication @ Competitions

Youth sports can be an emotional experience. **Parents/guardians are asked to respect the 24-hour rule for contacting any coach, admin, or gym owner with any negative comments or complaints.**

If parents respect the 24 hour rule, their concerns are MORE likely to be fully addressed in a reasonable discussion. More importantly, the athlete's enjoyment of the competition won't be marred by an ill-timed confrontation. The intent of this rule is to move an emotional and confrontational discussion away from the presence of the players, and to allow the parties to 'cool off', compose themselves, and put the incident or situation that occurred in perspective before meeting to discuss it.

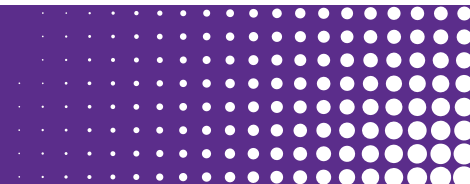


IMPORTANT DATES



IMPORTANT DATES 2026-2027

MEMORIAL DAY (CLOSED)	MONDAY, MAY 25th
SKILLS CAMP + UNIFORM FITTING	FRIDAY, JUNE 5 TH - SUNDAY, JUNE 7 TH
SUMMER BREAK (NO PRACTICES/CLASSES)	SATURDAY, JUNE 27 TH -SUNDAY, JULY 5 TH
CHOREOGRAPHY (ELITE TEAMS)	SUNDAY, JULY 12- MONDAY, JULY 20
TUMBLING CAMP	TUESDAY, JULY 21 ST + WEDNESDAY, JULY 22 ND
CHOREOGRAPHY (FULL YEAR PREP)	FRIDAY, AUGUST 21 ST - SUNDAY, AUGUST 23 RD
LABOR DAY (CLOSED)	SUNDAY, SEPTEMBER 6 TH - MONDAY, SEPTEMBER 7 TH
THANKSGIVING BREAK (NO PRACTICES/CLASSES)	SATURDAY, NOVEMBER 21 ST - SUNDAY, NOVEMBER 29 TH
HOLIDAY BREAK (NO PRACTICES/CLASSES)	SATURDAY, DECEMBER 19 TH -FRIDAY, JANUARY 1 ST
WINTER BREAK (SENIOR PRACTICES/REGULAR CLASSES)	MONDAY, FEBRUARY 15 TH -SUNDAY, FEBRUARY 21 ST
SPRING BREAK (NO CLASSES/PRACTICES)	MONDAY, APRIL 5 TH -SUNDAY APRIL 11 TH



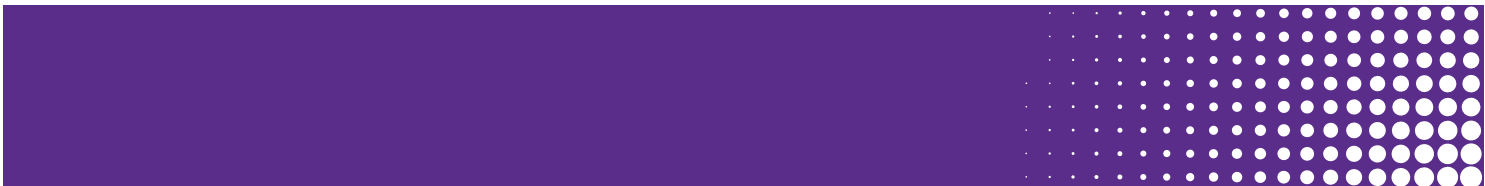
BLACK-OUT DATES



BLACKOUT DATES 2026-2027

AUGUST BLACKOUT DATES	FRIDAY,AUGUST 14TH-SUNDAY,AUGUST 16 TH
SEPTEMBER BLACKOUT DATES	FRIDAY, SEPTEMBER 11TH-SUNDAY, SEPTEMBER 13 TH
OCTOBER BLACKOUT DATES	FRIDAY, OCTOBER 9TH-SUNDAY, OCTOBER 11 TH
NOVEMBER BLACKOUT DATES	FRIDAY, NOVEMBER 6 TH - SUNDAY, NOVEMBER 8 TH
DECEMBER BLACKOUT DATES	FRIDAY, DECEMBER 4 TH +SATURDAY, DECEMBER 5 TH
JANUARY BLACKOUT DATES	SATURDAY, JANUARY 2 ND , SUNDAY JANUARY 3 RD , FRIDAY, JANUARY 22 ND -SUNDAY, JANUARY 24 TH
FEBRUARY BLACKOUT DATES	FRIDAY, FEBRUARY 5 TH - SUNDAY, FEBRUARY 7 TH
MARCH BLACKOUT DATES	FRIDAY, MARCH 12TH-SUNDAY, MARCH 14 TH
APRIL BLACKOUT DATES	FRIDAY, APRIL 16TH-SUNDAY, APRIL 18 TH FRIDAY, APRIL 23 RD -SUNDAY, APRIL 25 TH

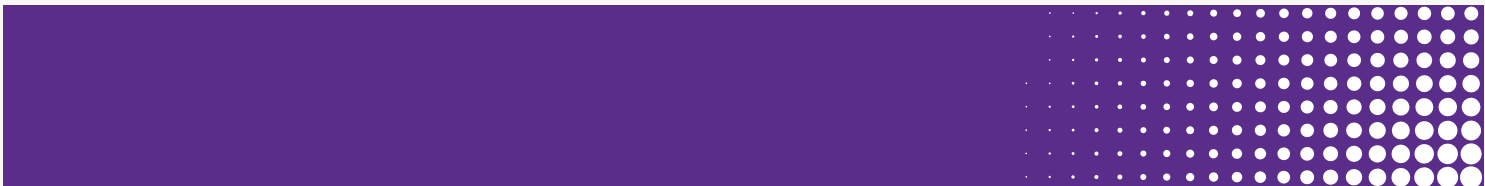
BLACKOUT DATES ARE DATES THAT WE WILL SCHEDULE EXTRA PRACTICES.
THESE PRACTICES ARE MANDATORY.
PLEASE, KNOW THAT EXTRA PRACTICES WILL ALSO BE CALLED THE FRIDAY BEFORE ANY COMPETITION.
DATES ARE SUBJECT TO CHANGE.



REQUIRED SKILLS



LEVEL	STANDING TUMBLING	RUNNING TUMBLING
Novice	No experience Necessary	No Experience Necessary
Prep	No skill required Back walkover preferred (level 1) Back Handspring preferred (level 2)	No skills required Cartwheel Back Walkover preferred (level 1) Roundoff Back Handspring preferred (level 2)
1	Back Walkover Back Walkover Switch Leg Front Walkover Cartweel	Front Walkover Cartwheel Cartwheel Back Walkover
2	Back Walkover Back Handspring Back Walkover Switch Leg Back Handspring	Roundoff Back Handspring
3	3 Back Handsprings Back Walkover Back Handspring X 2 Back Handspring Step Out Back Handspring X 2	Roundoff Back Handspring Back Tuck Front Walkover Aerial Front Walkover Roundoff Back Handspring Tuck
4	Back Handspring Tuck Toe Touch Back Handspring Tuck Back Handspring X 2 Tuck	Round Back Handspring Layout Roundoff Whip Tuck Punch front through to Layout
5	Back Handspring Layout Back Handspring Whip Tuck Toe Touch Back Tuck	Roundoff Back Handspring Full Specialty Pass to Full
6	Standing Full Back Handspring Full Back Handspring X2 to Double	Roundoff Back Handspring Double Specialty Pass to Full Specialty Pass to Double
JUMPS	Toe Touch Pike Hurdler	



USASF AGE GRID



AGE	BIRTH YEAR	ELIGIBLE DIVISIONS
5	2021	Tiny Novice, Tiny Prep, & Tiny
6	2020	Tiny Novice, Tiny Prep, & Tiny, Mini Prep, Mini, Youth, Youth Prep
7	2019	Tiny Novice, Tiny Prep, & Tiny, Mini Prep, Mini, Youth, Youth Prep
8	2018	Mini Prep, Mini, Youth, Youth Prep, Junior, Junior Prep
9	2017	Mini Prep, Mini, Youth, Youth Prep, Junior, Junior Prep
10	2016	Youth, Youth Prep, Junior, Junior Prep
11	2015	Youth, Youth Prep, Junior, Junior Prep, U16, Senior Prep
12	2014	Youth, Youth Prep, Junior, Junior Prep, U16, Senior Prep, Senior
13	2013	Junior, Junior Prep, U16, U18, Senior Prep, Senior
14	2012	Junior, Junior Prep, U16, U18, Senior Prep, Senior
15	2011	Junior, Junior Prep, U16, U18, Senior Prep, Senior
16	2010	U16, U18, Senior Prep, Senior
17	2009	Open, U18, Senior Prep, Senior
18	2008	Open, U18, Senior Prep, Senior
18+	6/1/2007 - 2008	Open, Senior Prep, Senior
19+	Before 5/31/07	Open

PARENT CONTRACT



The below is for review.

A link to sign will be included when you accept your position on a team.



Code of Conduct

THE SHOWTIME ELITE ATLANTA CODE OF CONDUCT IS ONE OF THE WAYS WE PUT OUR SE'S VALUES INTO PRACTICE. OUR CODE OF CONDUCT RECOGNIZES THAT EVERYTHING WE DO IN CONNECTION TO THE SPORT OF COMPETITIVE CHEERLEADING WILL BE AND SHOULD BE HELD STANDARDS. OUR COMMITMENT TO THE HIGHEST STANDARDS HELPS US TRAIN ATHLETES TO THEIR FULLEST POTENTIAL INDIVIDUALLY AND AS A TEAM. RESPECT FOR OUR FAMILIES, FOR THE OPPORTUNITY, AND FOR EACH OTHER IS FOUNDATIONAL TO OUR SUCCESS. THE CODE OF CONDUCT IS SOMETHING WE UPHOLD AND SUPPORT EVERY DAY.

I _____ AND MY ATHLETE UNDERSTANDS THE EXPECTATIONS BELOW AND WILL ABIDE BY SHOWTIME ELITE ATLANTA'S CODE OF CONDUCT. YOU ARE REQUIRED TO COMPLETE THIS FORM WITH YOUR ATHLETE.

Code of Conduct

- I UNDERSTAND THAT AS A PARENT, I AM ASKED TO BE POSITIVE TO ATHLETE, ATHLETE'S TEAMMATES AND STAFF.
- I UNDERSTAND THAT MY ATHLETE MAY BE MOVED FROM ONE TEAM TO ANOTHER FOR A VARIETY OF REASONS AT THE DISCRETION OF SHOWTIME ELITE ATLANTA.
- I UNDERSTAND THAT IF I HAVE QUESTIONS OR CONCERNS RELATED TO MY ATHLETE'S TEAM, I AM ENCOURAGED TO REACH OUT TO THE COACHES, THE ALL STAR DIRECTOR OR OWNER.
- I UNDERSTAND THAT ATTENDANCE IS MANDATORY FOR SKILLS CAMP, CHOREOGRAPHY, TUMBLING CAMP AND ANY OTHER REQUIRED SHOWTIME ELITE ATLANTA EVENTS.
- I UNDERSTAND THAT MY ATHLETE'S SOCIAL MEDIA AND MY OWN ARE TO ONLY PROMOTE POSITIVE INFORMATION ABOUT SHOWTIME ELITE ATLANTA, THE TEAM(S), AND THE OTHER ATHLETES.
- I UNDERSTAND THAT MY ATHLETE SHOULD ARRIVE 15 MINUTES EARLY TO PRACTICE.
- I UNDERSTAND THAT NO JEWELRY IS PERMITTED DURING PRACTICES, COMPETITIONS OR PERFORMANCES. THE ONLY EXCEPTIONS INCLUDE MEDICAL JEWELRY.
- I UNDERSTAND THAT MY ATHLETE'S HAIR MUST BE WORN IN A HIGH PONY TAIL WITH A BOW UNLESS APPROVED FROM A COACH.
- I UNDERSTAND THAT PRACTICE WEAR WILL BE ASSIGNED FOR PRACTICE DAYS AND ATHLETE'S WILL BE REQUIRED TO WEAR THE APPROPRIATE ATTIRE.
- I UNDERSTAND THAT ALL PERFORMANCES AND AWARD CEREMONIES ARE MANDATORY.
- I UNDERSTAND THAT OUT OF TOWN COMPETITIONS WILL REQUIRE MY ATHLETE TO ATTEND A FRIDAY EVENING PRACTICE AT A DESIGNATED PRACTICE LOCATION.
- I UNDERSTAND THAT IT IS MY RESPONSIBILITY TO STAY UP-TO-DATE ON ALL COMMUNICATION VIA EMAILS, GROUPME, PARENT MEETINGS, ETC.
- I UNDERSTAND ALL SEASON-ENDING BIDS (INVITATIONS) BELONG TO SHOWTIME NOT TO AN INDIVIDUAL. SHOWTIME WILL MAKE THE DECISION ABOUT WHICH EVENTS TO ATTEND AND RESERVES THE RIGHT TO REPLACE AN ATHLETE FOR ANY REASON TO PROVIDE THE VERY BEST SHOWTIME HAS TO OFFER.
- I UNDERSTAND THE LOGOS OF SHOWTIME ELITE AND SHOWTIME ELITE ATLANTA BELONG TO THE OWNERS OF SHOWTIME. YOU CANNOT SELL OR CREATE YOUR OWN APPAREL OR OTHER ITEMS. THIS INCLUDES TEAM NAMES IN REFERENCE TO CHEER, AND ANY LIKENESS TO THE SHOWTIME NAME OR BRAND WITHOUT EXPRESSED WRITTEN PERMISSION OF THE OWNERS.
- I UNDERSTAND EVERY YEAR AN ATHLETE WILL HAVE THE OPPORTUNITY TO FLY, BASE, BACK SPOT, FRONT SPOT OR TUMBLE. BEING ONE POSITION ONE YEAR DOES NOT GUARANTEE THAT POSITION EVERY SEASON. TUITION DOES NOT PAY FOR THE RIGHT TO PERFORM. INDIVIDUALS MUST MEET LEVEL SKILL REQUIREMENTS IN ORDER TO COMPETE.



Code of Conduct

- I UNDERSTAND THAT COACHING DECISIONS ARE FINAL DECISIONS.
- I UNDERSTAND THAT SHOWTIME RESERVES THE RIGHT TO CHANGE DIVISIONS OR LEVELS AT ANYTIME THROUGHOUT THE SEASON.
- I UNDERSTAND THAT THE LOBBY AREA IS FOR MY CONVENIENCE TO WATCH MY ATHLETE PRACTICE. SIBLINGS SHOULD NOT BE LEFT UNATTENDED IN THE FACILITY NOR ARE THEY TO BE RUNNING AROUND THE FACILITY.
- I WILL ALWAYS REPRESENT SHOWTIME ELITE ATLANTA IN THE MOST RESPECTFUL, PROFESSIONAL WAY.
- I WILL HAVE THE BEST INTEREST OF EVERYONE AT SHOWTIME ELITE ATLANTA.
- I UNDERSTAND THAT ALL STAR CHEERLEADING HAS MANY EXPENSES INCLUDED AND I AGREE TO PAY THEM ON TIME.
- I UNDERSTAND THAT MY BEHAVIOR PLAYS A ROLE IN MY CHILD'S SUCCESS AS AN ALLSTAR CHEERLEADER.
- I UNDERSTAND THAT PRACTICES ARE CRUCIAL TO A TEAM'S SUCCESS.
- I WILL NOT PERSONALLY MESSAGE/TEXT ANY STAFF MEMBER AT SHOWTIME ELITE ATLANTA; AND I UNDERSTAND ALL FORMS OF COMMUNICATION SHOULD BE IN PERSON OR THROUGH GROUPME ONLY, UNLESS OTHERWISE DIRECTED.
- I UNDERSTAND THAT IF MY CHILD'S ATTENDANCE INTERRUPTS A TEAM, THE COACHES HAVE THE RIGHT TO REMOVE MY CHILD FROM THE TEAM.
- I UNDERSTAND THAT MY CHILD MAY NOT MISS PRACTICE THE WEEK OF A COMPETITION OR SHE/HE WILL NOT BE ELIGIBLE TO COMPETE IN THAT EVENT.
- I UNDERSTAND THAT IF I VIOLATE ANY OF THE ABOVE STATEMENTS, MY ATHLETE MAY BE DIMISSED FROM SHOWTIME ELITE ATLANTA.
- I UNDERSTAND THAT ALL FEES PAID TO SHOWTIME ELITE ATLANTA ARE NON-REFUNDABLE.
- I UNDERSTAND THAT SHOWTIME ELITE ATLANTA HAS THE RIGHT TO ADD OR SUBTRACT ANYTHING FROM THIS CONTRACT.

PARENT/GUARDIAN SIGNATURE _____

PARENT/GUARDIAN NAME PRINTED _____

ATHLETE'S NAME _____

DATE _____